

SAMPLE

考生編號

NURSING COUNCIL OF HONG KONG
香港護士管理局
LICENSING EXAMINATION PART II (PSYCHIATRIC REGISTRATION)

第二部(精神科註冊)執業考試

PAPER A(I) : MEDICAL ENGLISH
 試卷甲(I) : 醫學英語

Marks (for examiner's use)

I. _____

II. _____

III. _____

IV. _____

V. _____

VI. _____

Total Marks :

QUESTIONS I - VI

第 I 至 VI 題

9:30 a.m. – 10:30 a.m.

上午九時三十分至上午十時三十分

READ THE FOLLOWING
INSTRUCTIONS CAREFULLY :

細讀下列指示 :

- | | |
|--|--|
| <p>1. Do not turn to the questions until you are told.</p> <p>2. Write your Candidate Number in the box on the cover of this question book.</p> <p>3. Answer <u>all</u> questions on the space provided in this question book.</p> <p>4. Do not use abbreviations when you answer questions.</p> <p>5. Use English to answer questions.</p> <p>6. Each correct answer carries ½ mark. No marks will be deducted for incorrect answers.</p> <p>7. Do not take away the question book.</p> <p>8. Marks will be deducted for not following instructions.</p> | <p>1. 未經許可，不得翻閱試題。</p> <p>2. 在本試題簿面上的方格內，填寫考生編號。</p> <p>3. 回答所有問題。
答案寫在此試題簿內。</p> <p>4. 勿用縮寫作答。</p> <p>5. 用英文作答。</p> <p>6. 每一正確答案得½分。答錯不會扣分。</p> <p>7. 不可將試題簿攜離試場。</p> <p>8. 不遵守指示之考生將會被扣分。</p> |
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This paper consists of this page and six other printed pages.

注意：除此封面外，此試卷共有六頁。

Proficiency Test in Medical English

(Each question carries ½ mark)

I. Matching

Enter the appropriate letter on the right side in the box on the left side.

c. Match the following medical terms with the statements of their explanations:

	<u>Medical Term</u>	<u>Explanation</u>
1.	<input type="checkbox"/> Anhedonia	A A disorder caused by excessive deposition of iron
2.	<input type="checkbox"/> Confusion	B Inability to experience pleasure
3.	<input type="checkbox"/> Echolalia	C Inability to think clearly
4.	<input type="checkbox"/> Haematemesis	D Inflammation of the mouth
5.	<input type="checkbox"/> Illusion	E Irregular repeated movements involving a group of muscles
6.	<input type="checkbox"/> Libido	F Misperceptions of external stimuli
7.	<input type="checkbox"/> Mannerism	G Repeated movements that appear to have functional significance
8.	<input type="checkbox"/> Somnambulism	H Repetition of speech
9.	<input type="checkbox"/> Stomatitis	I Sexual drive
		J Sleep walking
		K The experience of existing as two or more selves, alternating at different times
		L The passing of urine at night
		M Vomiting of blood

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LICENSING EXAMINATION PART II (PSYCHIATRIC REGISTRATION)

第二部 (精神科註冊) 執業考試

PAPER A(II) : NURSING KNOWLEDGE
試卷甲(II) : 護理知識

MULTIPLE CHOICE QUESTIONS

選擇題

10:30 a.m. – 12:00 noon
上午十時三十分至正午十二時正

READ THE FOLLOWING INSTRUCTIONS CAREFULLY :

細讀下列指示 :

- | | |
|---|--------------------------------|
| 1. Do not turn to the questions until you are told. | 1. 未經許可，不得翻閱試題。 |
| 2. Write your Candidate Number in the box on the cover of this question book. | 2. 在本試題簿面上的方格內，填寫考生編號。 |
| 3. Mark your answers in the box provided in this question book. | 3. 將答案全部寫在此試題簿內。 |
| 4. Answer <u>all</u> the questions. | 4. 回答 <u>所有</u> 題目。 |
| 5. Choose the <u>most appropriate</u> answer in each question. | 5. 選出每題 <u>最適當</u> 的答案。 |
| 6. Each correct answer carries one mark. No marks will be deducted for incorrect answers. | 6. 每一正確答案得一分。
答錯不會扣分。 |
| 7. Do not take away the question book. | 7. 不可將試題簿攜離試場。 |
| 8. Marks will be deducted for not following instructions. | 8. 不遵守指示之考生將會被扣分。 |

Marks (for examiner's use)

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A (II) Multiple Choice

(Each question carries 1 mark)

Choose the best answer for each of the following questions and write its letter in the box provided.

1. Flooding differs from systematic desensitization is that flooding:

- A. Does not require insight.
- B. Is based on classical rather than operant conditioning.
- C. Places greater emphasis on the use of cognition.
- D. Starts at the top of the fear hierarchy.

2. In 18th century, the person who advocated to unchain the mental patient in the asylum and treated them with kindness, understanding and acceptance was:

- A. Benjamin Rush.
- B. Emile Kraepelin.
- C. Phillippe Pinel.
- D. Sigmund Freud.

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香 港 護 士 管 理 局
LICENSING EXAMINATION PART II (PSYCHIATRIC REGISTRATION)

第二部(精神科註冊)執業考試

PAPER B : NURSING KNOWLEDGE

試卷乙：護理知識

QUESTIONS I - IV

第 I 至 IV 題

2:00 p.m. - 4:30 p.m.

下午二時至下午四時三十分

READ THE FOLLOWING
INSTRUCTIONS CAREFULLY :

細讀下列指示 :

- | | |
|--|-------------------------------------|
| 1. Do not turn to the questions until you are told. | 1. 未經許可，不得翻閱試題。 |
| 2. Write your Candidate Number in the box on the cover of this question book. | 2. 在本試題簿面上的方格內，填寫考生編號。 |
| 3. Answer all questions. | 3. 回答 所有 問題。 |
| 4. This paper consists of short questions, matching, fill in the blanks and labelling questions. Write your answers in the space provided in this question book. | 4. 此試卷為短答題、配對題、填充題及填圖，將答案全部寫在此試題簿內。 |
| 5. Answer only what are asked. No marks will be given for irrelevant answers. | 5. 細讀試題，限答試題所問。與試題無關之答案不予積分。 |
| 6. Do not use abbreviations when you answer questions. | 6. 勿用縮寫作答。 |
| 7. Do not take away the question book. | 7. 不可將試題簿攜離試場。 |
| 8. Marks will be deducted for not following instructions. | 8. 不遵守指示之考生將會被扣分。 |

Marks (for examiner's use)

Question I 第 I 題

Question II 第 II 題

Question III 第 III 題

Question IV 第 IV 題

積分 (由主考填寫)

This paper consists of this page and thirteen other printed pages.

注意：除此封面外，此試卷共有十三頁。

(I) Short Questions

Past Papers of December 2004 Examination

1. Explain 'Attachment'. (2 marks)

2. Explain 'Anomie'. (2 marks)

3. Briefly describe **three** measures to maintain patient's orientation to time. (3 marks)

4. Briefly describe **four** principles of giving rewards in behaviour modification programme. (4 marks)

5. Briefly describe **four** measures you would take to prevent the occurrence of aggressive behaviour of patients in psychiatric wards. (4 marks)

6. Briefly describe the chemical digestion of protein in the alimentary tract. (5 marks)

7. Briefly describe the safety measures in performing oxygen therapy. (5 marks)

8. Briefly describe the factors contributing to pressure sore formation. (5 marks)

9. Describe the advice you would give to a schizophrenic patient who is going to be discharged from hospital. (5 marks)

10. Describe the nursing assessment on disorder of thought of a psychiatric patient. (5 marks)

11. Briefly describe the advice your would give to a patient who has been prescribed phenytoin (Dilantin). (5 marks)

Read the scenario below. Answer questions 12 - 14

Tommy is suffering from schizophrenia. He refuses to eat because he believes that his digestive organs have rotten. Tommy is withdrawn and does not participate in ward activities.

12. Describe how you would manage Tommy's delusion. (5 marks)

13. Describe how you would promote Tommy's diet intake. (5 marks)

14. Describe how you would assist Tommy to participate in ward activities. (5 marks)

Past Papers of September 2005 Examination

1. Explain 'reinforcement'. (2 marks)

2. Define delusion. (2 marks)

3. Define incubation period. (2 marks)

4. Explain 'countertransference'. (2 marks)

5. Briefly describe the functions of fat in the body. (4 marks)

6. State **four** causes of depression in the elderly. (4 marks)

7. State how you would provide a safe environment for a patient with delirium tremens. (4 marks)

8. Briefly describe how you would help a newly admitted patient adapt to the ward environment. (4 marks)

9. Describe the health education you would give to a diabetic patient on foot care before discharging. (4 marks)

10. Briefly describe **four** measures to minimize institutionalization. (4 marks)

11. Explain the **four** elements contributing to negligence. (4 marks)

12. Briefly describe the advice you would give to a patient on oral Haloperidol (Haldol). (4 marks)

13. Mr. Man, aged 62, is suffering from dementia. He has been admitted to your ward. He starts wandering in the night and says that his mother is waiting for him at home and that he needs to leave. Describe how you would manage Mr. Man's disorientation. (5 marks)

14. Describe the nursing management of patient during and after a grand mal seizure. (5 marks)

15. Describe the first aid management of a patient whose right hand is scalded by hot water. (5 marks)

16. Briefly describe how nurse would prepare a patient for an ordinary electroencephalography. (5 marks)

Past Papers of September 2006 Examination

1. Define intelligence quotient. (2 marks)

2. Explain systematic desensitization. (2 marks)

3. Explain anorexia nervosa. (2 marks)

4. Explain hypochondriasis. (2 marks)

5. Briefly describe four strategies in communicating with an anxious patient. (4 marks)

6. Briefly describe four factors influencing the psychological development of a person. (4 marks)

7. State the principles of writing an incident report. (4 marks)

Read the scenario below and answer questions 8 to 9.

Siu Keung is suffering from mania. He is energetic and has auditory hallucination saying that he has supernatural power. Siu Keung always interferes with ward activities and has conflicts with co-patients repeatedly.

8. State four possible causes of mania. (4 marks)

9. Describe how you would manage Siu Keung's auditory hallucination. (4 marks)

10. Briefly describe the following skills for physical examination: (4 marks)

Inspection-

Palpation-

Percussion-

Auscultation-

11. Briefly describe four common early symptoms of depression. (4 marks)

12. Briefly describe five functions of the skin. (5 marks)

Read the scenario below and answer questions 13 to 14.

A patient is admitted with a diagnosis of paranoid schizophrenia. He has history of multiple admissions due to poor adherence to anti-psychotic medication.

13. Describe how you would develop a therapeutic relationship with this patient. (5 marks)

14. Describe the measures you would help the patient to adhere to medication. (4 marks)

15. Write five key features of bureaucracy. (5 marks)

16. Describe how you would prevent outburst of violence in an acute ward. (5 marks)

Past Papers of March 2007 Examination

1. Explain 'echolalia'. (2 marks)

2. Explain 'hallucination'. (2 marks)

3. Define primary health care. (2 marks)

4. Define obsessional rumination. (2 marks)

5. Explain the causes of forgetting. (3 marks)

6. State the values of visiting by family members to patients and nurses in hospital. (4 marks)

7. Briefly describe the aetiology of schizophrenia. (4 marks)

8. Briefly describe the mechanism of systematic desensitization. (4 marks)

9. Describe four types of patients who will benefit from electroconvulsive therapy. (4 marks)

10. Briefly describe two main types of restraint. (4 marks)

11. State 4 common features of extrapyramidal syndrome. (4 marks)

12. Describe five common characteristics of the abuser in family violence. (5 marks)

13. Describe the nursing care of patients who are deluded. (5 marks)

14. Briefly describe 2 medical and 3 psychiatric complications associated with alcohol misuse. (5 marks)

Read the scenario below. Answer questions 15 and 16

Randy, age 16, is a secondary school student who was admitted to the acute psychiatric unit following an attempted suicide. Randy had come home from school early and hanged himself in the bathroom. His father happened to get off work that day, arriving just in time to get Randy down and called the ambulance.

15. Describe the nursing assessment of Randy on admission. (5 marks)

16. Randy's depression was lifted after taking Prozac for 2 weeks.
- (i) Explain why this is a period of risk for a suicidal patient. (2 marks)
- (ii) What should be done to prevent another suicidal attempt? (3 marks)

Past Papers of March 2011 Examination

1. Define 'delusion'. (2 marks)

2. Explain 'negativism'. (2 marks)

3. Explain 'anomie'. (2 marks)

4. Explain 'accountability'. (2 marks)

5. Explain 'attachment' in the context of psychology. (2 marks)

6. Define 'detoxification'. (2 marks)

7. Explain 'social discrimination'. (2 marks)

8. Explain the meaning of incubation period of a disease. (2 marks)

9. Briefly describe cognitive behavioural therapy. (4 marks)

10. Briefly describe the chemical digestion of carbohydrates in the alimentary tract. (5 marks)

11. Briefly describe five measures you would take to prevent violent behaviour of patients in a psychiatric ward. (5 marks)

12. Describe the advice you would give to an epileptic patient who is going to be discharged from hospital. (5 marks)

13. Describe how you would prepare a patient for electroconvulsive therapy. (5 marks)

14. Define negative reinforcement and use an example to illustrate. (5 marks)

15. A patient refuses to join ward activities in a rehabilitation ward. Describe the nursing management for this patient. (5 marks)

16. Mei Ling is suffering from depression. She hears a voice criticising her and feels very distressed with that voice. Describe how you would take care of Mei Ling. (5 marks)

Read the scenario below. Answer questions 17-18

John, age 15, is suffering from early psychosis and voluntarily admitted to an acute psychiatric ward in Hong Kong.

17. Explain 'voluntary admission' as refers to John's situation under the Mental Health Ordinance, Chapter 136. (5 marks)

18. Describe the nursing assessment of John on admission. (5 marks)

Past Papers of March 2012 Examination

(I) Questions

1. Explain 'illusion'. (2 marks)

2. Explain 'depersonalization'. (2 marks)

3. Briefly describe how a nurse would prepare a patient for electroencephalogram. (3 marks)

4. Explain the purpose and measures of 'standard precautions'. (4 marks)

5. Briefly describe the health education a nurse would give to a patient on management of auditory hallucination. (4 marks)

6. Describe how a nurse minimizes medication errors in drug administration. (5 marks)

7. Describe how a nurse prevents patients from having accidents during night duty. (6 marks)

8. Explain the concept of 'sick role' constructed by Talcott Parsons. (6 marks)

9. Explain primary prevention, secondary prevention and tertiary prevention in mental health and give examples. (8 marks)

10. Mrs. Wong, aged 70, suffered from a minor stroke 6 months ago. She has been showing signs of memory loss and occasionally she talks nonsense. Her mood appears irritable and agitated. She is diagnosed with dementia. (10 marks)

Describe the nursing care for Mrs. Wong during her hospitalization

11. Mr. Cheung is suffering from schizophrenia. He has delusion of hypochondriasis, believing that he has carcinoma of colon and will die soon. He refuses to eat and is socially withdrawn. (10 marks)

Describe the nursing management for Mr. Cheung.

12. Based on nursing process, describe how you would offer a social skill (10 marks) training programme for five long-stay psychiatric patients.

13. Mrs. Lee is suffering from hepatitis B. She has jaundice and passes (10 marks) tea-colour urine. She complains of tenderness on right upper quadrant of abdomen and skin itchiness.

Describe the nursing management for Mrs. Lee.

Past Papers of March 2013 Examination

(I) Questions

1. Explain 'confabulation'. (2 marks)

2. Define 'shock' in a medical emergency. (2 marks)

3. Explain 'counter-transference'. (2 marks)

4. Explain 'limit-setting' for psychiatric patients. (3 marks)

SAMPLE

(II) Fill in the Blanks

(Each blank carries ½ mark)

1 – 4. According to Maxwell Jones, the 4 principles of a therapeutic community are :

(1)_____ ; (2)_____ ;

(3)_____ and (4)_____.

5 – 7. According to the Mental Health Ordinance (Hong Kong Law Chapter 136),

Form III has to be signed by (5)_____ or

(6)_____. Patient can be detained in the psychiatric observation unit for (7)_____ days.

SAMPLE

(III) Matching

(Each question carries ½ mark)

Enter the appropriate letter on the right side in the box on the left side.

(a) Match the following stages of human development with Erikson's stages of psychosocial development:

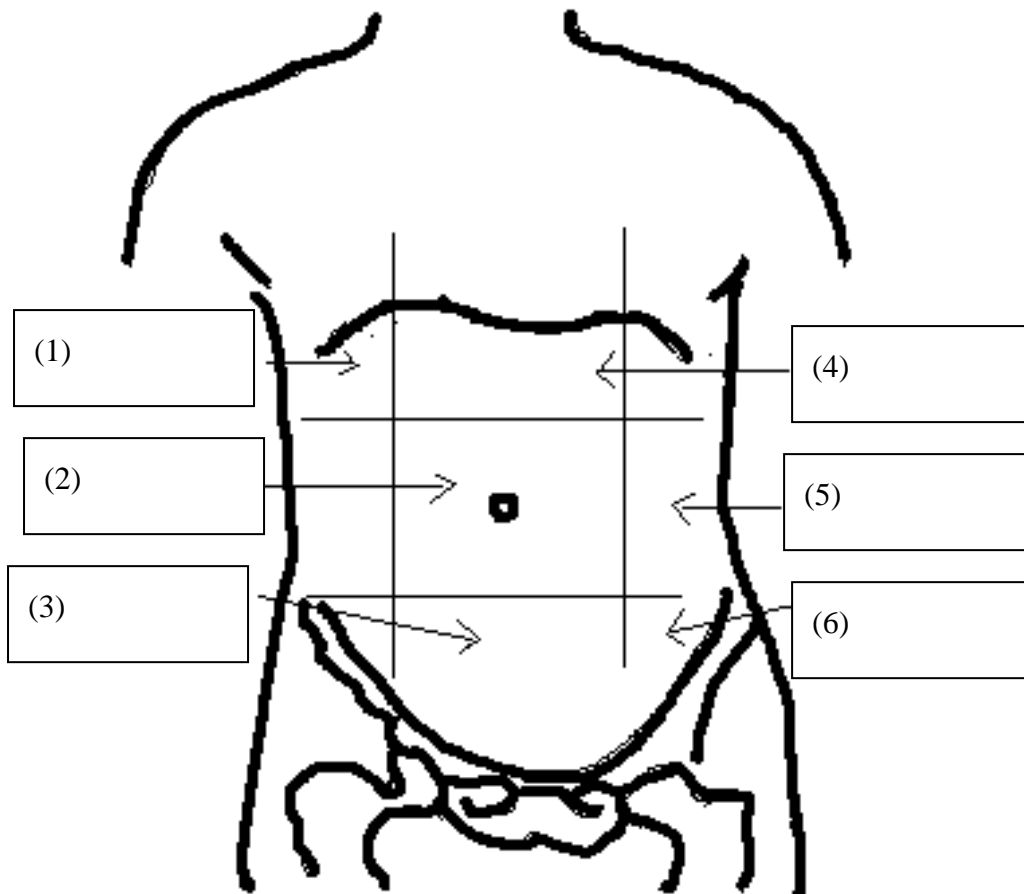
<u>Stages of Human Development</u>	<u>Stages of Psychosocial Development</u>
1. <input type="checkbox"/> Infancy	A Autonomy vs. Shame and Doubt
2. <input type="checkbox"/> Pre-school child	B Generativity vs. Stagnation
3. <input type="checkbox"/> School child	C Identity vs. Role confusion
4. <input type="checkbox"/> Adolescence	D Industry vs. Inferiority
5. <input type="checkbox"/> Early adulthood	E Initiative vs. Guilt
6. <input type="checkbox"/> Old age	F Integrity vs. Despair
	G Intimacy vs. Isolation
	H Trust vs. Mistrust

SAMPLE

(IV) **Label**

(Each blank carries 1/2 mark)

Label the six parts indicated in the following diagram. Write your answers in the box provided.



Regions of Abdomen

END OF TEST