

# THEORETICAL REQUIREMENTS OF PAEDIATRIC AND ADOLESCENT NURSING

## Overview of Contact Hours (Including Laboratory Hours)

<b>Competence Area 1: Professional, legal and Ethical Nursing Practice</b>		
<b>Item</b>	<b>Topics</b>	<b>Minimum Hours</b>
<b>1A.</b> <i>1A.1</i> <i>1A.2.</i> <i>1A.3.</i> <i>1A.4.</i> <i>1A.5.</i> <i>1A.6.</i>	<b>General, Behavioural and Life Sciences Relevant to Nursing</b> <i>Human Anatomy, Physiology and pathophysiology</i> <i>Sociology of Health</i> <i>Applied Psychology</i> <i>Fundamental Pharmacology</i> <i>Microbiology</i> <i>Nutrition and Dietetics</i>	<b>320</b>
<b>1B.</b> <i>1B.1.</i> <i>1B.2.</i>	<b>Professional Nursing Practice</b> <i>The Nursing Profession</i> <b>Basic Nursing for Safe Practice:</b> <ol style="list-style-type: none"> <li>I. The nursing process</li> <li>II. Essential nursing techniques in clinical setting for safe practice:               <ol style="list-style-type: none"> <li>1. Provision of a safe and comfortable environment for care</li> <li>2. Maintenance and promotion of occupational safety and health</li> <li>3. Documentation and reporting of care</li> <li>4. Helping the client meet the basic needs of living</li> <li>5. Assisting the client to undertake diagnostic procedures</li> <li>6. Administration of medications</li> <li>7. Principles of First Aid</li> </ol> </li> <li>III. Principle and practice of nursing:               <ol style="list-style-type: none"> <li>1. Paediatric Nursing                   <ul style="list-style-type: none"> <li>- Theories of growth and development</li> <li>- Health assessment in children and adolescents</li> <li>- Paediatric and adolescent nutrition</li> <li>- Children’s rights</li> <li>- Child abuse and the related roles of the nurse</li> <li>- Play therapy</li> </ul> </li> <li>2. Adolescent Nursing                   <ul style="list-style-type: none"> <li>- Nursing care and management of adolescents</li> <li>- Sexuality</li> <li>- Sexually transmitted diseases</li> <li>- Eating disorders</li> <li>- Substance abuse</li> <li>- Adolescent pregnancy</li> </ul> </li> </ol> </li> </ol>	<b>712</b>

<b>Competence Area 1: Professional, legal and Ethical Nursing Practice (Cont'd)</b>		
<b>Item</b>	<b>Topics</b>	<b>Minimum Hours</b>
	3. Peri-operative nursing 4. Rehabilitative nursing 5. Oncology nursing and hospice care 6. Child Mental health nursing 7. Community nursing 8. Complementary and alternative therapies	
<b>1C.</b>	<b>Legal &amp; Ethical Issues</b>	<b>40</b>
<i>1C.1.</i>	<i>Legal Aspects Pertinent to Nursing Practice</i>	
<i>1C.2.</i>	<i>Belief, Value and Ritual</i>	
<b>1D.</b>	<b>Communication</b>	<b>20</b>
<b>1E.</b>	<b>Rights and Responsibilities of the Individual</b>	(Included in IA.2 and 1C.1)
<b>1F.</b>	<b>Information Technology in Nursing and Health Care</b>	<b>20</b>
<b>Competence Area 2: Health Promotion and Health Education</b>		
<b>2A.</b>	<b>Education Theories and Methods</b>	<b>10</b>
<b>2B.</b>	<b>Concepts of Health, Health Education and Health Promotion</b>	<b>40</b>
<b>2C.</b>	<b>Communication</b>	(Included in 1D)
<b>2D.</b>	<b>Rights of the Individual</b>	(Included in 1E)
<b>Competence Area 3: Management and Leadership</b>		
<b>3A.</b>	<b>Management Theories, Skills and Application</b>	<b>20</b>
<b>3B.</b>	<b>Leadership</b>	<b>5</b>
<b>3C.</b>	<b>Health Care Policies</b>	<b>15</b>
<b>Competence Area 4: Research</b>		
<b>4A.</b>	<b>Basic Knowledge in Conducting Research in Health Care Settings</b>	<b>40</b>
<b>4B.</b>	<b>Appraising and Utilizing Research Findings</b>	
<b>Competence Area 5: Personal Effectiveness and Professional Development</b>		
<b>5A.</b>	<b>Personal Effectiveness</b>	(Included in IA.3)
<b>5B.</b>	<b>Professional Development</b>	<b>2</b>
<b>5C.</b>	<b>Establishing and Maintaining Nursing as a Profession</b>	<b>6</b>
<b>Total:</b>		<b>1,250</b>

## Clinical Practice Requirements

Clinical Areas		Minimum Practice Requirement (Hours)
1.	<b>Paediatric Medical Nursing</b> General Medicine, Dermatology, Infectious Diseases, Oncology, Hospice Nursing, Rehabilitation, Out-Patient's Department (OPD)	480
2.	<b>Paediatric Surgical Nursing</b> General Surgery, Anaesthesiology, Cardiothoracic Surgery, Neuro-surgery, Ear, Nose and Throat (ENT) Care, Ophthalmology, Orthopaedics and Traumatology, Rehabilitation, OPD	350
3.	<b>Adolescent Nursing and Substance Abuse</b>	240
4.	<b>Paediatric Mental Health Nursing</b>	180
5.	<b>Other Relevant Related Areas</b>	150
<b>Total:</b>		<b>1400</b>

( June 2010 )